

# HOMECELL NOTES

## GET UP AGAIN AND KEEP GOING

19 JULY 2020

### WELCOME

Welcome all members who are joining the Homecell online.

### WORSHIP

Challenge cell members to spend a few minutes in Worship before your ZOOM/Online Homecell starts. This will create the right atmosphere for your time together.

### WORD

#### **2 Corinthians 4:8-9 TLB**

*We are pressed on every side by troubles, but not crushed and broken. We are perplexed because we don't know why things happen as they do, but we don't give up and quit. [9] We are hunted down, but God never abandons us. We get knocked down, but we get up again and keep going.*

God has designed man to bounce back, to get up again and keep going!

#### ***Ask a cell member to read Numbers 13:25-28, 31-33***

Wrong perspective will always make things seem a lot worse than they are.

**Q: Has a negative perspective from someone or somewhere tried to sway you over the past 3 months?**

Society often tends to focus on the negative.

**Q: Paul brings God's perspective to the temporary circumstances of the church in Corinth, who are experiencing immense pressure and persecution (2 Cor 4:8-9). What is God's perspective?**

1. Temporary circumstance: You are pressed on every side by troubles  
God's perspective: We are not crushed or broken
2. Temporary circumstance: You are perplexed because you don't know why things have happened the way they have.  
God's perspective: We don't give up and quit
3. Temporary circumstance: You are hunted down and feel alone in your battle  
God's perspective: But God never abandons us
4. Temporary circumstance: You have been knocked down by the events of the last 3 months  
God's perspective: We get up again and we keep going

**Ask a cell member to read Numbers 13:30**

**Q: How do you quiet the wrong voices? Do you think it's important to do it quickly? Why or why not?**

- We should meditate on the Word of God regularly (Joshua 1:8)
- We should take negative thoughts captive (2 Corinthians 10:5)
- The enemy is on the lookout for people who will believe his lies (1 Peter 5:8)
- It's important to silence negative voices quickly. Wrong thoughts lead to wrong beliefs, which may take root in our hearts

**Ask a cell member to read 1 Corinthians 2:9 & Romans 8:28, 30-32**

**Q: God always speaks to us about our future, and He tells us it is good. Circumstances are temporary, God's favour is eternal. What do you need to ask the Holy Spirit to give you today? Wisdom? Peace? A dream?**

This is a time where new things are going to be birthed! Don't allow the news or a wrong perspective to cause you to feel disillusioned. God sees in you the ability to overcome!

**Although the challenges we face at this time are real, the only way we will conquer them is by faith in God's dream for us and the promising future he has intended for us.**

## WORKS

As a Homecell, identify the most pressing needs (among people in your immediate world) that should be addressed a.s.a.p. (include the following: food needs, people who are staying alone, marriage challenges, financial needs, business/career needs, emotional needs etc.) As a Homecell, how can you assist in meeting some of these needs?

